



PRODUCTIVE & BALANCED DIGITAL GOVERNMENT TEAMS IN POLITICALLY TURBULENT TIMES

**The current political
climate is creating
tension in all aspects
of our lives**

**The news cycle is a
constant stream of
hopelessness and
despair**

**At best, we attempt to
maintain our sanity and
keep a sense of humor**

CURRENT POLITICAL CLIMATE

**Only it seems
to get worse
everyday**



**We are at a critical
time in our nation's
history**

A CRITICAL TIME IN OUR NATION'S HISTORY

The delta between consumer expectations and government technology widens

A CRITICAL TIME IN OUR NATION'S HISTORY

Adding to the eroding trust in government



A CRITICAL TIME IN OUR NATION'S HISTORY

**Resulting in a poor work
culture throughout
government - including
digital engagements**

A CRITICAL TIME IN OUR NATION'S HISTORY

**We know a much better
world is possible**

A CRITICAL TIME IN OUR NATION'S HISTORY

**It is up to *us* to be the
change we want to see**

But how?

**A positive work culture
on government projects
is still possible even in
these troubling times**

A NEW POSSIBILITY

Innovations in neuroscience and human dynamics have opened new possibilities

A NEW POSSIBILITY

**These tools can create
high-performing teams
blessed with energy,
creativity and balance**

A NEW POSSIBILITY

Imagine what is possible

A NEW POSSIBILITY

**You may
say I'm a
dreamer...**



**But maybe it really is
hopeless**

HOPELESSNESS

Working in government can be toxic

HOPELESSNESS

“Soft skills” don’t work within government

HOPELESSNESS

**It's so much easier to
work for corporations
and non-profits**

HOPELESSNESS

**All very “California” and
doesn’t apply to my
agency or digital team**

**Optimism is the greatest
form of resistance**

OPTIMISM IS THE GREATEST FORM OF RESISTANCE

**As long as optimism is
not naive, it has power
and can inspire others**

OPTIMISM IS THE GREATEST FORM OF RESISTANCE

**Not saying that
everything will be
magically fine**

OPTIMISM IS THE GREATEST FORM OF RESISTANCE

**Optimism paired with a
bit of realism, effort and
the right tools can be
transformative**

Practical tools for leadership in politically turbulent times

Mindful leadership, authenticity and compassion leads to organizational resilience

Resilience is our ability to bounce back from adversity

PRACTICAL TOOLS FOR MINDFUL LEADERSHIP

Tell the Truth



“Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom.”

- Victor Frankl

PRACTICAL TOOLS FOR MINDFUL LEADERSHIP

Reconnect with the mission

Get rid of distractions and digital clutter



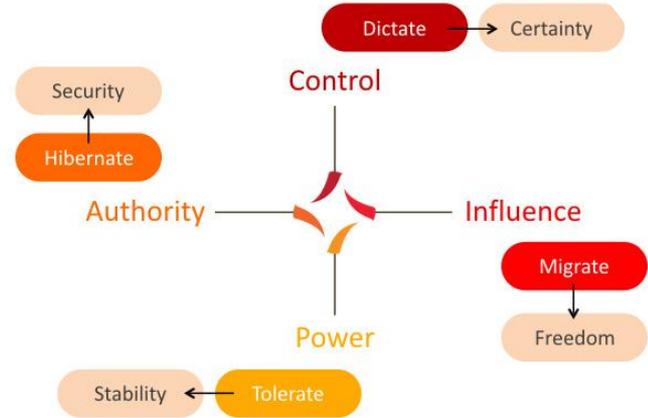
Spend some quality time with your coworkers

Find time to regenerate

Emotional intelligence and energy management techniques create safety

Be willing to engage in difficult or emotionally charged conversations

Understand different styles



Know how to release tensions within yourself and by supporting others

Get out of your comfort zone

Practice loving kindness



Thank you.